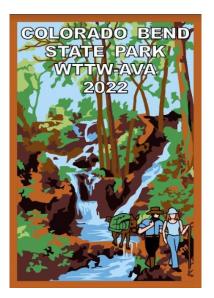
Colorado Bend State Park



Colorado Bend State Park is deep in the heart of Texas in San Saba County. A hidden jewel in the Texas State Park System, the Park is situated in the Hill Country along the Colorado River. The area is representative of the limestone features typically seen in the Hill Country, with many sinkholes, caves and springs. The Park is less than a four hour drive from Dallas, Fort Worth, Austin and San Antonio metro areas and airports. The Houston metro area is about a five hour drive.

2022 Souvenir Patch—\$7.00



West Texas Trail Walkers Colorado Bend State Park Bend, Texas October 7-9, 2022



Gorman Falls and Spring October 7, 2022 #121539 - 11k, 5k

Cedar Chopper October 8, 2022 #121540 - 17k, 12k, 7k, 5k

Spicewood Springs October 9, 2022 #121528 - 10k, 6k

Historic Lampasas October 6-9, 2022 #121550 - 10k, 5k



"Hike with an Altitude"

AVA 60, TX 19 www.westtexastrailwalkers.org

West Texas Trail Walkers (WTTW) is a club dedicated to holding a yearly event in the scenic areas of West Texas which are off-road and challenging.

<u>Eligibility</u>: All persons and ages are welcome. Children under legal age must be accompanied by an adult. None of the events are suitable for strollers or wheelchairs.

<u>Volunteer:</u> Please check the registration form to indicate the days you are available to be a volunteer. We need volunteers to be checkpoints or work at the start/finish point. On Friday and Saturday we need volunteers for parking and shuttle driving.

<u>Fees:</u> Event Fee is \$3 per walk with AVA credit. WTTW will collect an additional \$5 for park and facilities fees for a total of \$8. No refunds will be given for cancelations.

<u>Safety:</u> PLEASE DO NOT HIKE ALONE. Hiking boots and sticks are highly recommended. Carry water and snacks. <u>The park</u> recommends drinking 1 liter/per hour. No smoking on the trails.

<u>Pets:</u> Dogs are allowed but discouraged because of the rocky conditions of the trail. Dogs must be on a leash.

<u>Carpool:</u> Colorado Bend State Park is limiting us to 35 vehicles per day so carpooling is necessary. Please pull into the Best Western Plus, Lampasas, TX parking lot Friday, Saturday and Sunday morning between 7:15 am - 8:15 am to carpool, load passengers and pick up a color coded vehicle pass numbered 1 to 35. Show these color coded passes at the state park entrance. Day passes will then be issued for all passengers in the vehicle. For participants who plan to start after 9:30 am to 12 noon Friday morning, please proceed directly to the state park for your day pass.

<u>REGISTRATION</u> forms can be found at www. westtexastrailwalkers.org. For questions, contact Susan Noonan at her email, susan.noonan@gmail.com. You must be pre-registered by September 23 to enter the park. **HOST LODGING**: Best Western Plus Lampasas Inn and Suites, 1504 S. Key Ave, Lampasas, TX. Thirty rooms are available October 7-9 at the negotiated rate of \$99 plus tax per single king bed and \$109 plus tax for two queen beds. Twenty rooms are available October 4-6 for the Workers Walks. Please call the Best Western Plus at 1-512-556-2100 by Sept. 7 and mention that you are with the West Texas Trail Walkers to secure this special rate. Another option next door is the budget hotel Country Inn, 512-556-6201. See Lampasas Visitor Center lampasas.org, for other lodging or camping options. Primitive camping is offered at the state park.

HAPPY HOUR—Pizza & Beer or Wine: Join your fellow hikers for Happy Hour at the Putters "N" Gutters, 2341 US-281, Lampasas, TX from 5:00 pm—6:30 pm, October 7. Cost is \$18 for cheese and/or pepperoni pizza, and one wine, beer or soft drink. In appreciation, volunteer cost is \$9. Happy hour is open to everyone!

ANNUAL DINNER: Bella Italia, 208 N. Key Ave, Lampasas, TX. Dinner begins at 7:00 pm on Saturday, October 8. The cost is \$29 for either lasagna or baked ziti (VG), green salad, garlic bread knots, cheesecake or tiramisu and soft drink. BYOB. Featured this evening is a short presentation from a Colorado Bend State Park Ranger. Dinner is open for everyone!

Annual Business Meeting: Spicewood Springs Trailhead, Colorado Bend State Park, 1:00 pm, October 9. Participation is entirely optional. We will be conducting mandatory WTTW business and seeking feedback from the weekend hiking event.

Workers Walks—Volunteers Needed!

October 5: Meet at 8:30 am at Gorman trailhead October 6: Meet at 8:30 am at Cedar Chopper trailhead

Volunteers will need to reserve day passes for these days. Be sure to go on-line to texasstateparks/ reserveamerica.com to reserve a day pass. This can be done one month in advance and costs \$5.00.



Gorman Falls and Spring Trails Colorado Bend State Park San Saba County October 7, 2022

<u>Trail Start</u>: Gorman Falls and Spring Trailhead <u>Walk Director</u>: Berdelle Johnson <u>Distance:</u> 5/11k

Rated: 5k is rated 3C, 11k is rated 3D

Start/End Time: 8:00 am - Noon. Finish by 3:00 pm

<u>Highlights:</u> The 11k leads you to an overlook that sits more than 200 feet above the Colorado river. You can see for miles at this overlook. After a steep decline to river level you will be rewarded with the beautiful Gorman waterfall. Both the 11k and 5k midpoints are at the serene Gorman Springs. Take a break at this peaceful place.

<u>Trail Description:</u> Be prepared for the rocky trail with hiking boots and stick. There are many tree roots and rocky, slippery surfaces. The final few feet to the waterfall require you to scramble and hold onto cable railing. The trail through the springs is flat with several water crossings.

Restrooms: Composting toilet at the trailhead.

Directions: From the intersection of U.S. Highways 281 and 183 in Lampasas, take FM 580 west 24 miles to Bend and follow the signs four miles to the park entrance. Continue on Park Hill Drive Road for about .4miles and turn left on Gorman Road to the trailhead. Please carpool to the trailhead.

You must pre-register for all Colorado Bend State Park hikes by September 23 to ensure entrance to the park. The park fills rapidly over holiday weekends and the park is limiting us to 35 vehicles.



Cedar Chopper Trails Colorado Bend State Park San Saba County October 8, 2022

<u>Trail Start:</u> Cedar Chopper Trailhead <u>Walk Director</u>: Will Robinson <u>Distance</u>: 5/7/12/17k

Rated: 3C

Start Time: 8:00 - 9:30 am. Finish by 3:00 pm <u>Highlights:</u> The 17 and 12k options take you through the core of Colorado Bend State Park. At the moderately difficult Tinaja canyon you will see the featured bedrock depression tinaja carved by the springs and seep. Further on you will follow the River trail passing the Gorman cave. Take the shorter 7 and 5k out and back hikes to Dogleg Canyon, a hidden canyon that feeds the Colorado river. Cliff walls and interesting rock outcroppings make this a unique destination.

<u>Trail Description</u>: The trails are very rocky and slippery with many tree roots that can cause you to stumble. You need good balance to hike these trails.

Restrooms: Portable toilet at the trailhead.

<u>Directions:</u> From the intersection of U.S. Highways 281 and 183 in Lampasas, take FM 580 west 24 miles to Bend and follow the signs four miles to the park entrance. Continue on Park Hill Drive Road for about 2.9 miles to Cedar Chopper Trailhead and parking lot. Please carpool to the trailhead.



Spicewood Springs Trails Colorado Bend State Park San Saba County October 9, 2022

<u>Trail Start:</u> Spicewood Springs Trailhead <u>Walk Director</u>: Susan Medlin <u>Distance:</u> 6/10k Rated: 3C

Start Time: 8:00—9:30 am. Finish by 1:00 pm

Highlights: The Spicewood Springs trails are on a loop that starts along the Colorado River, and climbs up to a ridge with beautiful views of the canyon below. The trail then drops into the canyon leading you to a gorgeous spring-fed creek and pools of clear water. Take off your shoes and socks and enjoy the clear, cold water. <u>Trail Description:</u> The upper ridge of the rail is rocky with many tree roots that can cause you to stumble. The lower trails along the creek are flat with many creek and water crossings. Know your limitations and turn around if the rocks across the creek are treacherous.

<u>Restrooms</u>: Composting toilet at the trailhead.

<u>Directions:</u> From the intersection of U.S. highways 281 and 183 in Lampasas, take FM580 west 24 miles to Bend and follow the signs four miles to the park entrance. Continue on Park Hill Drive Road for about seven miles until it ends at the Park HQ. Turn right on dirt road that runs parallel to the Colorado River. The road ends at the Spicewood Spring Day Use area and the Spicewood Springs Trailhead. Please carpool to the trailhead.



<u>Historical Lampasas, Texas</u> Lampasas County October 6-9, 2022

Start Point:Hanna Springs Swimming Pool and Park, 501 E.North St., Lampasas, TXWalk Director:Helen HullDistance:5/10kRated:1A, mostly sidewalksStart Time:Walk any time during daylight hours October 7-9.Group walks offered at 1:00 or 2:00 pm, October 6.Meet atHanna Springs Swimming Pool.Registration:Pick up maps and stamp your books at ColoradoBend State Park trailheads Friday, October 7, Gorman Fallstrailhead 8 am-3 pm.Saturday, October 9, Cedar Choppertrailhead 8 am to 3 pm.Highlights:Explore the historic downtown Lampasas, once a

resort destination known for its mineral springs and crystalclear spring water. The 10k continues along the Sulphur Creek to an old spring-feed swimming pool.

<u>Restrooms:</u> Available at start point and along the route in several parks and at businesses.

<u>Directions</u>: From the Best Western Hotel, left on Key Ave. (US-183) to North St. Right on North St. to the park Entrance.

